Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Corte Alix

Coaches: Van Eylen Thomas HEADCOACH

Coaches: Eugene Felix

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 14: 100M MEDLEY MEN 13+ — Heat:8, starttime: 09:55

Heat: 8/14 Lane : 4 Athlete: HEBBELINCK SIMON — **Q-time: 01:15:92**

PB (25m pool): 01:15.92 Zwembad De Motte 14/07/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:15.92	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:12, starttime: 10:00

Heat: 12/14 Lane : 8 Athlete: HEBBELINCK RUBEN — **Q-time: 01:11:07**

PB (25m pool): 01:11.07 Zaventem 15/07/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:11.07	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:2, starttime: 10:20

Heat: 2/20 Lane : 2 Athlete: THIERENS CHIARA — **Q-time: 00:45:27**

PB (25m pool): 00:45.27 Tervuren 10/10/2026 **PB (50m pool):** 00:50.63 **SB:** 00:45.27 Tervuren 10/10/2026

	25 M	50 M	
PB		00:45.27	
		00:45.27	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: ZORO

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:3, starttime: 10:25

Heat: 3/20 Lane : 1 Athlete: STEENO LIES — **Q-time: 00:43:29**

PB (25m pool): 00:43.29 Tervuren 10/10/2026 **PB (50m pool):** no time **SB:** 00:43.29 Tervuren 10/10/2026

	25 M	50 M	
PB		00:43.29	
	00:43.29		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:4, starttime: 10:25

Heat: 4/20 Lane : 4 Athlete: CHARLIER MARGOT — **Q-time: 00:41:45**

PB (25m pool): 00:41.45 Tervuren 10/10/2026 **PB (50m pool):** no time **SB:** 00:41.45 Tervuren 10/10/2026

	25 M	50 M	
PB		00:41.45	
	00:41.45		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:20, starttime: 10:40

Heat: 20/20 Lane : 5 Athlete: BOXHO ALICE — **Q-time: 00:31:75**

PB (25m pool): 00:31.75 Sportoase De Watermolen 21/07/2026 **PB (50m pool):** 00:31.40 **SB:** no time

	25 M	50 M	
PB		00:31.75	
	00:31.75		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:2, starttime: 10:50

Heat: 2/9 Lane : 5 Athlete: DEMESMAEKER ALEX — **Q-time: 03:04:18**

PB (25m pool): 03:04.18 Liedekerke 01/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.44		01:32.38		no time		03:04.18
	00:44.44		*00:47.94*					
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: ZORO

Event number: 17: 200M BACKSTROKE MEN 13+ **Heat:9, starttime: 11:15**

Heat: 9/9 Lane : 6 Athlete: HEBBELINCK RUBEN **Q-time: 02:24:58**

PB (25m pool): 02:24.58 LEUVEN 15/11/2026 **PB (50m pool):** 03:20.92 **SB:** 02:24.58 LEUVEN 15/11/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:33.43		01:10.06		01:47.61		02:24.58
		00:33.43		*00:36.63*		*00:37.55*		*00:36.97*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: